



**Nickname:** Knightmar

**Residence:** Collingwood

**DOB:** November 10, 1973

**Height:** 5'4.5"

**Weight:** My bike?

**Race Bike(s):** Specialized

**Years with Arrow Racing Team:** 4

**Favourite Food:** Fruits and Vegetables ... lots of them!!

**Favourite Movie:** Who watches t.v.? Ride your bike!

**Favourite Place:** Italy

**Best Place to Ride:** Quiet roads and lots of hills (when I have the energy!) or Three stages

**Best Crash:** Positive thinking.. not going to think about crashes!

**Dream Date:** 3 hr ride up Mailella Mt. Italy with my hubby, then sitting in the sun eating our fresh, homemade bread with garden fresh tomatoes and olive oil to die for. (Summer 2004)

**Ever Incarcerated?** Silly Rabbit, Tricks are for Kids!

**Career Highlights:** Proud to have Raced Elite! 1st place Paul's Dirty Enduro 100km, 1st Place Tag-Team 24Hr With Coach Dick!

**Career Aspirations:** To be a Racing Mom. Help build self confidence and skill in female riders. One day race Trans Rockies.