



Fred Zottl has coached from the high school level up to the national level since 1998. Fred is recently FaCT Level II Certified and is a certified Cycling Coach Learning Facilitator. He has competed in road and track racing provincially, and XC MTB racing internationally. He has been an OCA Canada Cup project coach and is an executive in the Owen Sound Cycling Club where he lives. He has an Honours Bachelor of Arts and Bachelor of Education degree as well as an Automotive Service Technician Licence. Fred is a certified CSPA Ski Patrol with extensive certification in first-aid, CPR and instructing toboggan handling. He has his NCCP level 3 coaching certification in cycling.